

# St Benedict's Parish Arcadia



## PARISH Masses

### Weekend:

Saturday 7:00pm Vigil

Sunday 9:00am

Sunday 10:30am

### Weekday:

Mondays to Thursdays 9:30am

Fridays 6.30pm Adoration  
7:00pm Mass & Confession  
(Reconciliation)

Saturdays 10am to 11am  
Adoration & Confession  
(Reconciliation)

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## MONASTERY CHAPEL Masses

Sundays 7:00am

Daily 7:00am

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Please contact Father Hilarion for the following:

**BAPTISMS**  
**RECONCILIATION**  
**FOR THE SICK**  
**MARRIAGES**  
**FUNERALS**

Fr Hilarion: 0478 909 541

## Second Sunday of LENT

12 & 13 March 2022

Year C

### ENTRANCE ANTIPHON

Of you my heart has spoken: Seek his face.  
It is your face, O Lord, that I seek;  
hide not your face from me.

### SUNDAY HOLY MASS PRAYER

*Let us pray:*

O God, who have commanded us  
to listen to your beloved Son,  
be pleased, we pray,  
to nourish us inwardly by your word,  
that, with spiritual sight made pure,  
we may rejoice to behold your glory.  
Through our Lord Jesus Christ, your Son,  
who lives and reigns with you in the unity of the Holy Spirit,  
God, for ever and ever. **Amen.**

### BLESSINGS

#### Blessings for the Keeping of Lent

During Lent we want to "give up" anything that smacks of the common mentality – all our negativity and fatalism, anything that stalls our spiritual growth, that discourages or misleads us, or that makes us lose heart when it comes to our relationship with God. So many misconceptions and erroneous notions lead us astray and deprive us of hope. In particular, we need to have a right understanding of the role that our limitations, our fragility, and even our failings play in our sanctification according to divine providence. This Lent we offer up to the Lord all our pessimism, self-doubt and self-defeat. The resurrected Christ rises out of our nothingness.

#### Blessings for the Table in Lent—Grace Before Meals:

*Loving Father,*

*During this sacred season of penance we thank you for your many gifts, especially for our trials and sufferings.*

*The cross of your Son reveals the depths of your love for us.*

*As we come together to share this meal, bless us with that love.*

*Purify the grace we pray so that we may see how everything is a grace. Through Christ our Lord. **Amen.***

#### Blessings for the Table in Lent—Grace After Meals:

*Father of love,*

*The nourishment of this meal fills us with new strength. May we use that strength to spread the love of Christ to the poor and those in need, and to remain always grateful to your Son who laid down his life for us, for Jesus is our Lord, now and for ever.*

**Amen.**

## First Reading

**Genesis 15:5-12, 17-18 (JB)**

A reading from the book of Genesis

*God made a covenant with Abraham, his faithful servant.*

Taking Abram outside the Lord said, 'Look up to heaven and count the stars if you can. Such will be your descendants' he told him. Abram put his faith in the Lord, who counted this as making him justified.

'I am the Lord' he said to him 'who brought you out of Ur of the Chaldeans to make you heir to this land.' 'My Lord, the Lord' Abram replied 'how am I to know that I shall inherit it?' He said to him, 'Get me a three-year-old heifer, a three-year-old goat, a three-year-old ram, a turtledove and a young pigeon.' He brought him all these, cut them in half and put half on one side and half facing it on the other; but the birds he did not cut in half. Birds of prey came down on the carcasses but Abram drove them off.

Now as the sun was setting Abram fell into a deep sleep, and terror seized him. When the sun had set and darkness had fallen, there appeared a smoking furnace and a firebrand that went between the halves. That day the Lord made a Covenant with Abram in these terms:

'To your descendants I give this land,  
from the wadi of Egypt to the Great River.'

**The word of the Lord.**

**Thanks be to God.**

## Responsorial Psalm:

**R. The Lord is my light and my salvation.**

## Second Reading

**Philippians 3:17 - 4:1 (JB)**

A reading from the letter of St Paul to the Philippians

*Christ will transfigure these bodies of ours into copies of his glorious body.*

My brothers, be united in following my rule of life. Take as your models everybody who is already doing this and study them as you used to study us. I have told you often, and I repeat it today with tears, there are many who are behaving as the enemies of the cross of Christ. They are destined to be lost. They make foods into their god and they are proudest of something they ought to think shameful; the things they think important are earthly things. For us, our homeland is in heaven, and from heaven comes the saviour we are waiting for, the Lord Jesus Christ, and he will transfigure these wretched bodies of ours into copies of his glorious body. He will do that by the same power with which he can subdue the whole universe.

So then, my brothers and dear friends, do not give way but remain faithful in the Lord. I miss you very much, dear friends; you are my joy and my crown.

**The word of the Lord.**

**Thanks be to God.**

## Gospel Acclamation

**Alleluia, alleluia!**

Glory and praise to you, Lord Jesus Christ!

From the shining cloud the Father's voice is heard:

this is my beloved Son, hear him.

Glory and praise to you, Lord Jesus Christ!

**Alleluia!**

## GOSPEL

**Luke 9:28-36 (JB)**

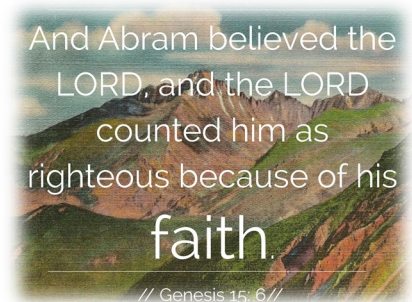
A reading from the holy Gospel according to Luke

*As Jesus prayed, the aspect of his face was changed, and his clothing became brilliant as lightning.*

Jesus took with him Peter and John and James and went up the mountain to pray. As he prayed, the aspect of his face was changed and his clothing became brilliant as lightning. Suddenly there were two men there talking to him; they were Moses and Elijah appearing in glory, and they were speaking of his passing which he was to accomplish in Jerusalem. Peter and his companions were heavy with sleep, but they kept awake and saw his glory and the two men standing with him. As these were leaving him, Peter said to Jesus, 'Master, it is wonderful for us to be here; so let us make three tents, one for you, one for Moses and one for Elijah.' - He did not know what he was saying. As he spoke, a cloud came and covered them with shadow; and when they went into the cloud the disciples were afraid. And a voice came from the cloud saying, 'This is my Son, the Chosen One. Listen to him'. And after the voice had spoken, Jesus was found alone. The disciples kept silence and, at that time, told no one what they had seen.

**The Gospel of the Lord.**

**Praise to you, Lord Jesus Christ.**



## GOSPEL REFLECTION

Sunday, March 13 2022

Genesis 15:5-12, 17-18

Psalm 27:1, 7-9, 13-14

Philippians 3:17-4:1

Luke 9:28-36

*His face changed in appearance and his clothing became dazzling white. (Luke 9:29)*

Jesus had done some amazing things: he had healed the sick, calmed the sea, and even raised the dead. But at the Transfiguration, he revealed his divinity in all its glory. Not only did the three disciples witness the radiance of Jesus' face and clothing, but they also heard the Father calling him "my chosen Son" (Luke 9:35).

Yet while Jesus was on earth, his glory remained mostly hidden. Yes, the disciples witnessed his miracles. But he was a man just like them—he lived, breathed, ate, and slept among them. What faith it must have required for them to believe that in this man, God was actually present with them!

We also need faith, not only to believe that Jesus is the Son of God, but that he is actually present with us. Because he is, in the mystery of the Eucharist, every time and in every place where Mass is celebrated. To all appearances, the Eucharist looks like ordinary bread and wine. But in reality, the consecrated Host and the Precious Blood is truly Jesus. He is with us in every way—Body, Blood, soul, and divinity.

And not only is Jesus present. He loves us so much that he asks us to consume his Body and his Blood. Each and every time we receive him, he is as close to us as he can possibly be in this life. And each and every time, he gives us the grace and strength to follow his commandment to love him and one another.

On Mount Tabor that day, Peter, John, and James got a rare glimpse of Jesus in all his glory. Today, let him show you his glory. As the priest lifts up the Host on the altar, imagine Jesus as he was at the Transfiguration, his face radiant and his clothes dazzling white. Then kneel down in awe and worship him.

***Jesus, help me to see you as you truly are, in all your glory!"***

(Source: Word Among Us. India Daily Gospel Reflection)

## LITURGICAL FEASTS AND EVENTS OF THE WEEK

Thursday	March 17, 2022:	St Patrick, bishop
Friday	March 18, 2022:	St Cyril of Jerusalem, doctor
Saturday	March 19, 2022:	St Joseph, Spouse of the Blessed Virgin Mary

Source: Ordo 2022



## POPE FRANCIS' PRAYER INTENTION FOR MARCH

### A CHRISTIAN RESPONSE TO BIOETHICAL CHALLENGES

We pray for Christians facing new bioethical challenges; may they continue to defend the dignity of all human life with prayer and action.

## THE RULE OF ST BENEDICT

Chapter 4  
*To deny oneself, in order to follow Christ.*

### PARISH FUNDS

Your support as always is much appreciated. For those wanting to make payments directly to our bank account here are the details:

#### PLEASE NOTE NEW BANK DETAILS

Bank Details for ONLINE only donations:

BSB: 062 784

Acct: 100002141

Name: Catholic Parish of Arcadia Bank:

CBA—Catholic Development Fund

As we are slowly becoming a cashless society we would like to remind you that we have a Tap N Go facility available. All you have to do is wave your credit or debit card on the scanner which are located close by to both entry doors. You are also welcome to create an automatic debit to help out our parish. Thank you for your generosity.

### CATHOLICARE'S COUNSELLING SERVICES NOW AVAILABLE

CatholicCare, our dedicated social services agency in the Diocese offers Government funded, fee for service and NDIS approved therapy options for yourself, your children and as a family unit. **We offer a welcoming, inclusive environment and a safe space for all ages.**

At the heart of your journey with us, you and your best interests are the focus. We walk alongside you, providing a genuine and non-judgmental space. You can be assured our counsellors will meet you where you are at, go at your pace and we will not jump to conclusions. You can expect to receive kindness, empathy and compassion.

Accessing our counselling services is very simple. Simply call 1800 324 924 or

visit [www.catholiccaredbb.org.au](http://www.catholiccaredbb.org.au).

We have Family Centres in Artarmon, Brookvale, Tuggerah and Waitara, and offer sessions in-person and online.

### GCEA - Galston Christian Education Association

Thanks for your ongoing support of the GCEA and the work that God is doing through Lachlan Gage at Galston High School.

A reminder of the details for the upcoming **Term 1 Prayer Meeting...**

**When:** Monday 14th March @ 7.30pm

**Where:** St Benedict's Catholic Church

Grace and peace,

Roger Hokin  
Youth and Young Adults Minister  
Dural District Anglican Churches  
GCEA Secretary  
[roger@duralanglican.org.au](mailto:roger@duralanglican.org.au)  
0413 067 770

### REST IN PEACE

It is with great sadness we announce the passing of:



**GREG LUCAS**

on Monday 7th of March 2022

*Eternal Rest grant to him Oh Lord,  
And let the Perpetual light shine upon him,  
May he Rest in Peace.  
Amen*

*Our prayers and thoughts are  
with Greg's family and friends.*

### AID TO THE CHURCH IN NEED AUSTRALIA

*Aid to the Church in Need* has launched a national emergency appeal for Ukraine. ACN is committed to strengthening and supporting the Catholic Church in Ukraine, as we have done for the past 70 years. The immediate emergency help will support the work of the Church in Ukraine by assisting priests, brothers, and religious sisters to continue their pastoral and outreach programs. We will continue to stand by our brothers and sisters in faith as they undergo trying times and seek to bring peace to a country that is surrounded by turmoil and unrest. Can you provide aid to the Catholic people in Ukraine? They need your help!

Visit [www.aidtochurch.org/ukraine](http://www.aidtochurch.org/ukraine)

## In Our Parish

We welcome into God's family, all who were recently baptised.  
We pray for the sick of our Parish, especially *Lyla Abood, Brother Mario, Theresa Gittany (Lila Bacha's mum)*

We remember in our prayers all our dearly beloved who have died, especially Greg Lucas.





## NEXT WEEKEND'S ROSTER

19/3/2022 to 20/3/2022

3rd Sunday of Lent Year C

	Saturday 7pm	Sunday 9am
<b>Acolyte</b>		Lorraine Dailey
<b>Reader1</b>	Maria Gambino	Helen Facione
<b>Reader2</b>	Miriam Brown	Melanie Hume
<b>Prayers</b>	Mary Cascun	Rebecca Raad
<b>TV</b>		Nigel Morgan
<b>Music</b>		Mark Quirk
<b>Music</b>		Theresa Neely
<b>Music</b>		Marisa Q.
<b>Music</b>		Michael Greenwell

## PROJECT COMPASSION

Please take home a Project Compassion box and/or a set of donation envelopes and support Caritas Australia.

Through your generosity you are assisting some of the world's most vulnerable people build better futures for themselves, their families and their communities.

You can donate through Parish boxes and envelopes, or by visiting [www.caritas.org.au/projectcompassion](http://www.caritas.org.au/projectcompassion)

## FIRST RECONCILIATION

For the children who have made their Confirmation last year, or Confirmed at Baptism and **enrolled**, classes have commenced on Monday 7th March 2022.

Classes are Monday 7<sup>th</sup> March 2022  
until 28<sup>th</sup> March 2022 (Every Monday 4.15pm to 5.15pm)



**First Reconciliation date on:**

**Saturday 2<sup>nd</sup> April - 10am**

## CCC PRAYER GROUP

Prayer meeting held every

**Friday nights:**

after 7pm Mass

**Wednesday mornings:**

after 9.30am Mass.

Everyone welcome.

For more details call Mary Camilleri on 0403 116 987.



## CATECHIST NEWS

A big thanks to those who were involved in the Children's Mass last week! It is always wonderful to have the children involved.

Also a big thank you to Rosi Nirello for offering to become a Reserve Catechist, you will be greatly appreciated! It is really helpful to have a number of reserve Catechists, so we are able to continue to provide SRE (Scripture) lessons when a Catechist is away. So if you are able to be available on Wednesday or Friday mornings and would like to be involved in this wonderful ministry please contact Fr Hilarion or myself.

The CCD is currently holding free Ministry induction training on Mondays from 10am to 12:30pm via Zoom. This week's session, Monday 14<sup>th</sup> March, Development of the Child and Adolescent. The following week, Monday 21<sup>st</sup> March will be Classroom Management. Please register via email on [registrations@bbcatholic.org.au](mailto:registrations@bbcatholic.org.au)

*Here is a photo of some of our Catechists at the commissioning Mass last Sunday.*



God bless,  
Miriam Brown [srearcadia@gmail.com](mailto:srearcadia@gmail.com)  
Parish Catechist Co-ordinator

## LENTEN GROUP

Lenten Prayer Group are held at Benigna Cascun's home. The group leader will be Gebran Azzi.



Location: 726A Old Northern Rd  
Dural 2158

Day/Time: Commencing Wednesday 9<sup>th</sup> March, 7:00pm  
Contact: Benigna (phone or text) 0450 311 951  
Everyone welcome.

## ITALIAN ROSARY GROUP

Every Monday 2.00pm. Everyone welcome.  
For more details call Angela Egiziano.  
Ph: 9653 2312.



## CATHOLIC YOUTH BROKEN BAY



**6 WEEK COURSE**

**HOW TO DATE WITH PASSION AND PURPOSE**

Wednesday March 23<sup>rd</sup> to April 27<sup>th</sup> 2022

**6.30-9.30pm**

Cost: \$60

Enquiries: [rachel.vala@bbcatholic.org.au](mailto:rachel.vala@bbcatholic.org.au)

### Fire Up Ministries bringing *The Dating Course* to Broken Bay

Young father-of-two Simon Carrington is a gifted speaker on relationships and Theology of the Body. Having studied Theology and Philosophy at the University of Notre Dame and currently working closely with other speakers such as Jason Evert and Christopher West, Simon has a wealth of knowledge and experience in delivering wisdom and clarity on how to have flourishing relationships for today.

For more information, see [Catholic Youth Broken Bay](#) via [Facebook](#).

## L.E.N.T.

Lent is a time of rebirth, renewal, and rejuvenation of our life of faith. There are four things we can do to usher in this renewal:

### **L – Led by the Spirit**

All three Gospels that narrate the temptation of Jesus show Him “as one led by the Spirit” (see Matthew 4:1, Mark 1:12, Luke 4:1). In Luke, it is explicit that it is the Holy Spirit who led Jesus in the desert. When we were baptized, we, too, received the Holy Spirit. But as in the case of many of us, the Spirit remains a spirit, i.e., unseen, unnoticed, unfelt. Lent is the time to rouse the gifts of the Holy Spirit through our prayer, fasting, and abstinence from indulgence of the senses.

### **E – Embrace humility**

Humility comes from the word humus—earth, soil, ground. We begin Lent with the imposition of ashes to remind us to keep our feet on the ground and not allow the air of arrogance lift us to an exaggerated sense of self-importance. This is the goal of our Lenten sacrifice and self-denial. Humility is not thinking of ourselves less but simply thinking less of ourselves and more of our neighbor.

### **N – Nourished by Scriptures**

When tempted by the devil to turn bread into stones, Jesus rebuked the devil by saying, “It is written: ‘Man shall not live on bread alone.’” Fasting from physical food aims to draw our attention to that “daily bread” by which our soul is nourished.

### **T – Tested by Sacrifice**

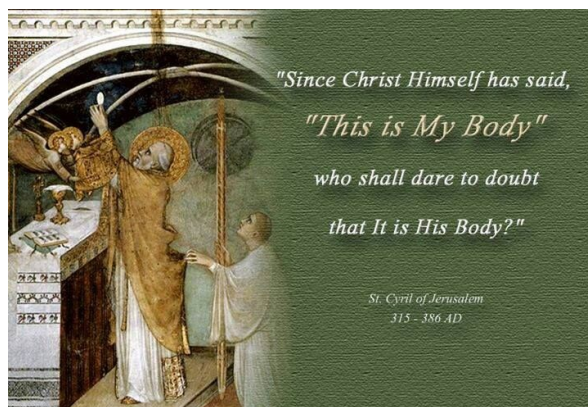
Lenten penance is not about pain but sacrifice. Sacrifice comes from the Latin sacra, meaning sacred or holy, and facere, which means to make. To sacrifice is to make holy. When we experience pain for the sake of pain, it is just dumb suffering. But when we embrace pain motivated by love of God and neighbor, it becomes redemptive suffering. It makes things sacred. It makes one holy.

## SAINT OF THE WEEK

***Saint Cyril of Jerusalem, Bishop and Doctor***

*Feast Day: March 18*

**C. 315-386**



It is the Christ-given obligation of every Catholic bishop, and the priests and deacons who share in his ministry, to teach, sanctify, and govern all people under their spiritual care. Regarding teaching, the letters of Saint Paul, as well as the writings of early Christian theologians, abundantly attest to the duty of the Apostles and their appointed successors to ensure that false doctrine never infects their flocks. The episcopal duty to teach was not a charism or gift of the Holy Spirit such as speaking in tongues, performing miracles, or healing the infirm. Teaching correct doctrine might be aided by the Holy Spirit, but it was first a mandate from the Lord Himself. To not teach, to teach incompletely, or to teach falsely, was for the shepherd to ignore, neglect, or scatter the sheep entrusted to his care and protection.

Today's saint, Cyril, the Bishop of Jerusalem in the late fourth century, was a model teacher of right doctrine. He did not just teach teachers what to teach. He did not deputize or delegate others to teach on his behalf. He was the local Father, and, concerned for Christian formation in the household of faith, he personally taught the faith. How do we know this? Two reasons: First, because a holy woman named Egeria went on pilgrimage to Jerusalem in the 380s. She documented her travels in a journal identifying the bishop, known to be Cyril, as the catechist in the domed mausoleum covering the tomb of Christ (part of today's church of the Holy Sepulchre). Second, we know of Bishop Cyril's talks because many of them were dutifully recorded and preserved, presumably because of their high caliber. The talks are rich, early testimony to the perennial, consistent doctrines of the Catholic Church.

Egeria states that Cyril taught about Lent and Easter to catechumens and neophytes (the newly baptized) by going through the entire Bible and the Creed, article by article. He taught for three hours each day, every one of the forty days of Lent and during Easter week. In his letter to the Romans, Saint Paul wrote, "But how are they to call on one in whom they have not believed? And how are they to believe in one of whom they have never heard? And how are they to hear without someone to proclaim him?" ([Romans 10:14](#)). Bishop Cyril admirably fulfilled his apostolic duty to teach and to proclaim so that others would know the Lord.

Among the profound teachings of Saint Cyril on the Mass, Baptism, and the Sacraments are his extended reflections on the nature of the Holy Eucharist. He is explicit: "Since He Himself has declared and said of the bread: This is My Body, who shall dare to doubt any more? And when He asserts and says: This is My Blood, who shall ever hesitate and say it is not His Blood?...Do not think it mere bread and wine, for it is the Body and Blood of Christ, according to the Lord's declaration" (St. Cyril Catechetical Lecture XXII). Cyril notes that if Christ could change water into wine, why could He not change wine into His own Blood? Reading these words of Cyril, it is perplexing that any modern Christian could doubt the real presence of Christ in the Holy Eucharist. As Blessed Cardinal Newman wrote: "To be deep in history is to cease to be a Protestant" (*An Essay on the Development of Christian Doctrine*, Introduction, chpt. 5).

Bishop Cyril was deeply involved in various consequential theological controversies of his day, was banished from Jerusalem, and participated in the First Council of Constantinople. He lived a long, complicated, and impactful life in the heart of the Church. He is in many ways a model to all bishops for his zealous yet tender care of souls, especially those preparing to be washed in the saving waters of baptism at Easter. Saint Cyril fortified the content of the Church's teaching with his personal presence, and by extension, the presence of the Sacrament of Holy Orders in his very person. He is a bishop remote in time, yet near in doctrine. Far removed from us historically, he is still close at our side when we stand to recite the same Creed he recited at every Sunday Mass.

*Saint Cyril of Jerusalem, through your generous dedication to teaching the faith, come to the assistance of all catechists, ordained and lay, to be equally committed to teaching those under their care, in season and out of season, knowing that fidelity to the Lord and His Church is what counts the most. Amen.*





## Caritas Australia Ukraine Appeal

The escalating violence in Ukraine is rapidly becoming a dire humanitarian crisis. In a matter of days, over half a million people have been forced from their homes and at least 400 civilians have lost their lives.

Our long-standing partner, Caritas Ukraine, is on the ground, supporting people in need during this unfolding humanitarian crisis.

**Your urgent support today will help provide critical assistance including emergency shelter, food, clean water, transportation services, and psychological support to people affected by this crisis.**

**Donate today at [www.caritas.org.au/ukraine](http://www.caritas.org.au/ukraine) or call 1800 024 413 toll free.**

### PRAYER FOR UKRAINE

O Lord our God, look down with mercy on the Ukrainian people. Protect and save them from the unjust attackers who seek to subdue them. Grant them steadfast trust in your mercy and protection.

O Mother of God, who gave us your miraculous icon at Zarvanytsia, intercede for the Ukrainian people, who run to the shelter of your mercy in their times of need.

O Lord Jesus Christ, have mercy on us. Grant peace and protection to the people of Ukraine. Give them strength and courage to defend what is good, right, and holy. Keep them safe from harm and provide for all their needs, both temporal and spiritual.

**Hear our prayers, O Lord, and deliver us from distress, for You are merciful and compassionate. To You we give glory: the Father, the Son, and the Holy Spirit, now and forever and ever. Amen.**

*Prayer written by Carrie Chuff, a Ukrainian Greek Catholic*

### SAFEGUARDING MISSION STATEMENT

*We the people of St Benedict's Parish are committed to fostering a community of safety and care for all people, especially for children and others in the community who are vulnerable. Our commitment is underscored by our faith in Jesus Christ.*

*If you have a concern for the safety and wellbeing of a child, young person or vulnerable adult, tell someone who can help. These people in our parish can help: Fr Hilarion 0478 909 541, Lorraine Dailey 0416 081 882, Office for Safeguarding 83791605.*

### ACKNOWLEDGMENT

*We acknowledge the Traditional Owners of country throughout Australia and recognise their continuing connection to land, waters and culture. We pay our respects to their Elders past, present and emerging.*

#### Office Hours:

**Mondays & Fridays 9.30am to 2.30pm**

**Parish Office: 9653 2312**

**Parish Priest: Fr. Hilarion Fernando OSB**

**Email: [hilarionfernando@yahoo.com](mailto:hilarionfernando@yahoo.com)**

**After hours: 0478 909 541**

**Email: [arcadia.parish@bigpond.com](mailto:arcadia.parish@bigpond.com)**

**Postal address: 121 Arcadia Rd, Arcadia NSW 2159**

#### Website:

**[www.bbcatholic.org.au/arcadia](http://www.bbcatholic.org.au/arcadia)**

#### Facebook:

**stbenedictsarcadia**

#### Address:

**2 Fagans Road,  
Arcadia NSW 2159**

#### Monastery:

**9653 1159**

**For all parish Occupational Health & Safety and  
Safeguarding Children matters Contact:  
Lorraine Dailey on 0416 081 882.**

**Bank Details for ONLINE only donations:**  
**BSB: 062 784**  
**Acct: 100002141 (NEW BANK DETAILS)**  
**Name: Catholic Parish of Arcadia Bank:**  
**CBA—Catholic Development Fund**